

# Willowgrove Outdoor Education Centre

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## Orienteering

### **Booking Information:**

Year-Round

Grades 3 – 8

Program Length: Half Day (1.5 hours)

### **Ontario Curriculum Links:**

- Physical & Health Education: Active Participation (Gr. 3 - Gr. 8)
- Geography: Themes of Geographic Inquiry (Gr. 7)

### **Program Description:**

North, East, South, West – Students will learn the basics of orienteering. They will be able to identify the various parts and symbols of a compass. Using a compass, students will work individually or in pairs, navigating themselves from point-to-point through one of Willowgrove's orienteering courses. Adequate adult supervision is recommended.

