## Willowgrove Outdoor Education Centre

11737 McCowan Rd. Stouffville, ON L4A 4C3 905-640-2127 905-640-5263 www.willowgrove.ca info@willowgrove.ca

# Snowshoeing

### **Booking Information:**

December – March (Weather Permitting) Grades Gr.1 – 8 Program Length: 45 minutes to Half Day (1.5 hours)

#### **Ontario Curriculum Links:**

- Physical & Health Education: Fundamental Movement Skills (Gr. 1- Gr. 6) Active Participation (Gr. 1- Gr. 8)
- Social Studies: Heritage & Citizenship (Gr. 3, Gr. 6) Canada & World Connections (Gr. 2, Gr. 3)

### **Program Description:**

Students will try their hand at snowshoeing. They will learn about the snowshoe's historical roots before heading out onto the trails of Willowgrove for some fun in the snow. Students can attempt the challenge of running with snowshoes. An excellent fitness activity for the winter months!

